



Camano Island Fitness

October 2011

No Joining Fee on a One Year Membership



October

Special

Choose

Annual

Membership

And

Receive the

13th Month

ANNUAL MEMBERSHIP

Adult	In full	* Easy Pay
Single	\$540.00	\$45.00 mo
Family of 2	\$828.00	\$69.00 mo
*Family of 3	\$948.00	\$79.00 mo

Seniors

Single	\$468.00	\$39.00 mo
Couple	\$708.00	\$59.00 mo

High School Seniors

with ID	\$468.00	\$39.00 mo
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No Joining Fee

SIX MONTH MEMBERSHIP

Adult	In full	*Easy Pay
Single	\$270.00	\$45.00 mo
Family of 2	\$414.00	\$69.00 mo
*Family of 3	\$474.00	\$79.00 mo

Seniors

Single	\$234.00	\$39.00 mo
Couple	\$354.00	\$59.00 mo

High School Seniors

with ID	\$234.00	\$39.00 mo
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Joining Fee \$60.00

* Easy pay = debit from checking/savings account or credit card

* **Memberships are not available to people under the age of 18**

MONTHLY MEMBERSHIP

Adult

Single	\$50.00
Family of 2	\$90.00
Family of 3	\$125.50

Seniors & HS Students

Single	\$45.00
Sr. Couple	\$81.00

Joining Fee \$60.00

(2 month minimum, first and last paid in advance)

DAILY DROP IN - \$9 per day
Pkg. of 10 DROP INS - \$90

Discounts available for Military, Fire, Police, School district, Camano Plaza IGA, IGA Plaza neighbor employees & corporate sponsors; check at the front desk.

Prices do not include sales tax (8.7%)

FALL HOURS

Monday – Thursday
6 am to 8 pm

Friday
6 am to 7 pm

Saturday
7 am to 6 pm

Sunday
9 am to 5 pm

Experienced in nutrition & fitness, Coach Dawn Holloway's clients have become stronger, increased endurance, balance and lost pounds & inches

Seven session commitment is recommended to get you on the road to success. Coach Dawn can design a program to fit your lifestyle and personal goals. Free 15 minute consultation.

Personal Training

(50 minute sessions)

Package Discount

Member \$315.00 / Couple \$560.00 – 7 session pkg.
Seniors \$280.00 / Couple \$490.00 - 7 session pkg.
Non member \$350 – 7 session pkg.

Member \$50.00 / Couple \$90.00 for 1 session
Seniors \$45.00 / Couple \$75.00 for 1 session
Non member \$55.00 for 1 session

Nutritional Counseling & Life Coaching to help you lose the pounds

\$45.00 per session

To make an appointment:
Email coachdawn@camafit.com
Phone: 360-387-9500

**In order to keep the cost of personal training down, if paying by credit card, a 5% surcharge will be added.*